



# Implementation of community-based palliative care from Primary Health Care in integration with Specialized Outpatient Care

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## Background

Palliative care (PC) assistance in Brazil is heterogeneous and centralized at the hospital level. Considering the need for this care in a community context, is essential to implement PC from Primary Health Care (PHC). Health Care Planning (HCP) is a methodology for organizing health services processes, changing its practice to qualify the Brazilian Unified Health System, based on the reference theory "Social Construction of PHC". The PlanificaSUS is a innovative project that aims to implement nationwide Health Care Planning as a methodology for organizing health services processes through 10 thematic steps. The organization of step 8 directly involves PC and has the purpose of implementing community-based palliative care from PHC in integration with Specialized Outpatient Care.

## Methods

The PlanificaSUS project aims to implement the HCP as a methodology for organizing processes in health services through 10 thematic steps, currently operating in health regions in 19 Brazilian states.

## PlanificaSUS

The execution of the operational model involves management workshops and a mentoring process with health teams. This process includes a general concepts alignment workshop and tutorial workshops as technical operational moments in the services with tutors and the health team for planning the execution and monitoring of the organized processes.

To support managements, tutors and health teams for the implementation of new processes, technical materials and distance learning courses are developing in wich step of PlanificaSUS. All materials are prepared using language that dialogues with the professional and stimulate discussions of changes through cycles of continuous improvement. All materials and courses are available on the e-Planifica digital platform (QR code).

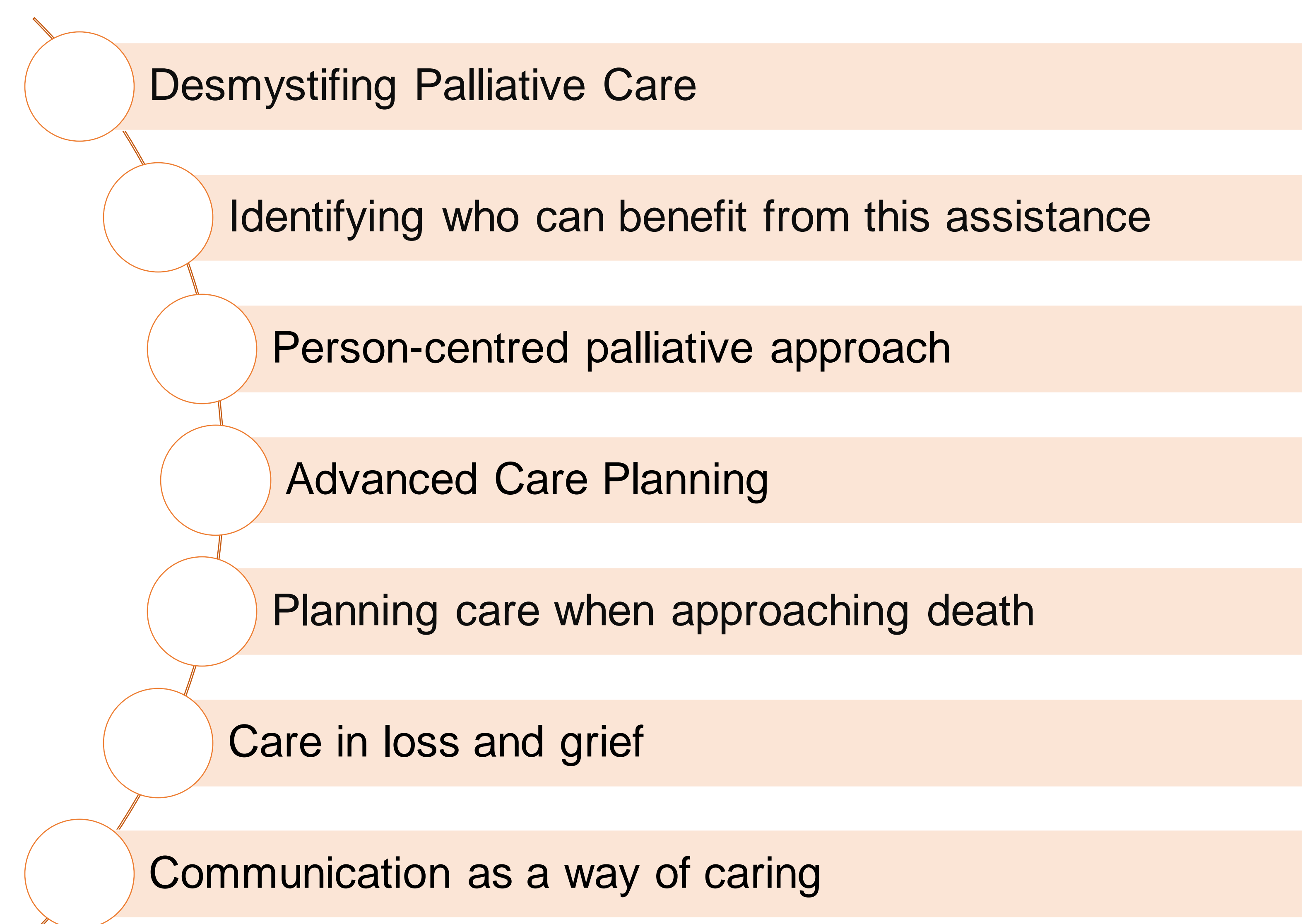


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## Results

PlanificaSUS started Step 8: Palliative care in Primary Health Care and Specialized Outpatient Care on August 2022. The topics to be worked on are:



## Conclusion

This intervention brings new perspectives in Brazil public health as it will allow the expansion of the population's access to palliative care since Planifica SUS is present in 19 Brazilian states involving more than 1500 health units. In January 2023, it will be possible to collect results from this intervention to see the impact on the Brazilian scenario.



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